

Rochester River Challenge Duathlon/Paddle Triathlon
Saturday, April 24th, 2010 Genesee Valley Park, Rochester, NY
Produced/Timed by YellowJacket Racing

Total Finishers (Duathlon Solo - 156, Kayak Solo - 85, Canoe Solo - 8, Duathlon Teams - 14, Kayak Teams - 6, Canoe Teams - 13)

Pos	Bib	Fullname	Gender/Cat	Class	City	Age/Cat	Event	Run1Tm	T1Tm	BikeTm	T2Tm	Run/Paddle	TotalTm
Canoe Solo Overall Results													
1	C310	Steven French	M	Canoe - Overall Male	Conesus	45	Canoe	21:50	00:48	0:56:14	00:43	0:32:31	1:52:06
2	C304	Bill Gensheimer	M	CM25-29	Rochester	28	Canoe	19:51	00:51	0:58:14	00:26	0:41:42	2:01:04
3	C308	Matthew Malek	M	CM25-29	Rochester	26	Canoe	18:40	00:48	0:58:01	00:43	0:43:38	2:01:50
4	C305	James Gensheimer	M	CM20-24	Cambridge	24	Canoe	18:33	01:09	0:59:37	01:04	0:43:11	2:03:35
5	C306	Rob Hilton	M	CM40-44	Fairport	41	Canoe	24:52	01:09	0:57:42	01:04	0:51:44	2:16:32
6	C303	Tom Cilly	M	CM45-49	Rochester	48	Canoe	26:41	01:45	1:08:50	00:46	0:41:59	2:20:01
7	C309	Dennis Permoda	M	CM55-59	Rochester	59	Canoe	23:59	01:08	1:16:45	01:04	0:51:02	2:33:58
8	C307	Brian Hughey	M	CM30-34	Rochester	30	Canoe	28:50	02:15	1:16:19	02:16	0:58:28	2:48:09
Duathlon Solo Overall Results													
1	77	Skip Kunecki	M	Du-Overall Male	N Tonawanda	20	Du	18:52	00:42	0:53:37	00:29	0:18:01	1:31:41
2	142	Andy Wooding	M	DM35-39	North Chili	39	Du	18:36	00:38	0:56:06	01:05	0:18:39	1:35:04
3	151	Marty Maynard	M	DM25-29	Rochester	28	Du	18:53	01:05	0:56:03	00:56	0:19:56	1:36:53
4	139	David Welby	M	DM25-29	West Seneca	25	Du	19:37	00:56	0:57:12	00:44	0:19:08	1:37:35
5	105	James Roche	M	DM45-49	Fairport	49	Du	20:05	00:32	0:57:07	00:38	0:20:02	1:38:24
6	69	Alex Johnson	M	DM40-44	Baldwinsville	43	Du	20:50	00:45	0:57:17	00:37	0:20:27	1:39:56
7	147	Jim McLaughlin	M	DM40-44	Fairport	40	Du	21:48	00:44	0:55:16	00:40	0:21:57	1:40:25
8	31	Jennie Donofrio	F	Du - Overall Female	Rochester	25	Du	19:39	01:14	1:00:01	01:02	0:19:12	1:41:09
9	47	Graham Frazer II	M	DM40-44	Dansville	40	Du	22:04	00:56	0:55:15	00:47	0:22:17	1:41:19
10	67	Daniel Jarecke	M	DM35-39	Canandaigua	37	Du	22:12	00:43	0:52:07	00:58	0:25:55	1:41:56
11	101	Sean Rahrle	M	DM20-24	Rochester	23	Du	20:45	01:07	0:57:12	00:56	0:22:05	1:42:06
12	107	Kevin Russell	M	DM45-49	Fairport	45	Du	22:09	00:59	0:54:55	00:34	0:23:38	1:42:15
13	113	Colby Shores	M	DM30-34	Rochester	34	Du	21:10	00:50	1:00:39	00:35	0:20:12	1:43:26
14	45	Andy Frank	M	DM25-29	Hilton	26	Du	20:06	00:30	1:02:26	00:32	0:20:11	1:43:44
15	36	Alan Embrey	M	DM35-39	Webster	38	Du	20:32	01:39	0:59:58	00:49	0:20:54	1:43:53
16	162	Mike Norton	M	DM35-39	Pittsford	38	Du	23:18	00:48	0:57:01	00:44	0:22:56	1:44:47
17	157	John Galbraith	M	DM40-44	Pittsford	43	Du	23:18	00:51	0:56:53	00:42	0:23:33	1:45:17
18	65	Gregory Horrocks	M	DM20-24	Rochester	24	Du	22:12	00:57	0:58:00	00:55	0:23:51	1:45:56
19	144	Jim Yeager	M	DM40-44	Rochester	43	Du	22:14	01:02	0:59:39	01:18	0:22:20	1:46:33
20	40	Jason Fitzgerald	M	DM35-39	Livonia	38	Du	22:50	01:07	0:59:07	01:19	0:22:12	1:46:35
21	73	Scott Keister	M	DM35-39	Leroy	39	Du	22:11	01:10	0:59:36	01:08	0:22:44	1:46:49
22	169	Kyle Saisselin	M	DM30-34	Snyder	30	Du	22:11	01:58	1:01:05	01:43	0:20:12	1:47:09
23	28	Joe Crispino	M	DM45-49	Fairport	46	Du	25:15	01:22	0:55:44	00:57	0:25:18	1:48:35
24	145	Lucas Zamoyski	M	DM20-24	Lancaster	21	Du	21:48	01:36	1:01:38	01:25	0:22:18	1:48:45
25	123	Steven Sweet	M	DM35-39	Hilton	39	Du	24:54	01:17	0:58:51	00:54	0:23:44	1:49:40
26	161	Amy Talarico	F	DF40-44	Rochester	40	Du	26:23	00:53	0:56:40	00:56	0:25:08	1:50:00
27	19	John Bugajski	M	DM25-29	Rochester	29	Du	22:38	00:56	1:04:12	00:50	0:21:37	1:50:13
28	68	Tom Jerris	M	DM50-54	Livonia	52	Du	22:13	01:39	1:02:11	02:00	0:22:13	1:50:16
29	57	David Hansen	M	DM25-29	Rochester	27	Du	22:03	02:07	1:02:41	01:27	0:22:02	1:50:20

30	137 Bennett Washburn	M	DM20-24	Rochester	20	Du	21:43	00:40	1:05:28	00:30	0:21:58	1:50:20
31	168 Ron Nelson	M	DM50-54	Oswego	53	Du	23:36	01:50	0:58:38	01:41	0:24:43	1:50:28
32	138 Charles Waterman	M	DM35-39	Rochester	35	Du	25:14	01:09	0:58:26	01:26	0:25:03	1:51:18
33	23 Timothy Check	M	DM30-34	Rochester	32	Du	25:12	01:34	0:59:17	01:13	0:24:09	1:51:25
34	89 Richard Metzger	M	DM50-54	Webster	51	Du	24:42	00:55	0:59:32	01:06	0:25:11	1:51:26
35	55 Louis Guilfoil	M	DM30-34	Fairport	34	Du	24:38	01:26	0:59:20	01:00	0:25:16	1:51:40
36	126 Nicholas Tassi	M	DM25-29	Yardley	28	Du	23:34	01:19	1:02:27	00:58	0:23:27	1:51:44
37	146 David Zimpfer	M	DM35-39	Rochester	35	Du	23:47	01:37	1:01:10	01:02	0:24:29	1:52:06
38	140 Dan Whitcomb	M	DM40-44	Walworth	40	Du	25:17	00:57	0:59:02	01:00	0:26:46	1:53:02
39	81 Kristine Mallory	F	DF40-44	W. Henrietta	44	Du	23:29	00:49	1:04:31	00:58	0:23:27	1:53:14
40	10 Thomas Antonoff	M	DM50-54	Dolgeville	50	Du	26:43	02:09	0:56:54	01:53	0:25:36	1:53:16
41	117 Trevor Smith	M	DM30-34	Rochester	33	Du	23:29	01:26	1:02:42	01:28	0:24:12	1:53:18
42	93 Timothy OConnor	M	DM40-44	Rochester	44	Du	23:03	01:51	1:04:05	01:53	0:23:00	1:53:51
43	46 Peter Jr Franz	M	DM20-24	Rochester	22	Du	23:15	01:57	1:02:45	01:24	0:24:31	1:53:52
44	4 Scott Adams	M	DM40-44	Rome	44	Du	23:07	01:24	1:03:50	01:36	0:24:30	1:54:27
45	172 Mike Pilsbury	M	DM45-49	Coratunk, ME	47	Du	24:53	00:57	1:02:00	01:40	0:25:03	1:54:33
46	133 Kenneth Tocha	M	DM60-64	Cheekowaga	62	Du	24:13	01:04	1:03:20	01:06	0:24:58	1:54:41
47	166 Candace Searing	F	DF50-54	Skaneateles	51	Du	24:52	02:38	0:59:52	01:06	0:26:15	1:54:42
48	12 Sam Bachman	M	DM20-24	Amherst	24	Du	22:47	01:00	1:07:38	00:55	0:22:24	1:54:44
49	150 Mark Barry	M	DM55-59	Rochester	57	Du	21:02	01:04	1:09:55	01:08	0:21:39	1:54:48
50	56 Keith Hadley	M	DM50-54	Rochester	50	Du	23:01	02:09	1:07:12	01:10	0:21:20	1:54:53
51	72 Gabrielle Keister	F	DF35-39	Leroy	38	Du	23:02	01:57	1:04:43	01:24	0:23:58	1:55:05
52	118 Christopher Somers	M	DM20-24	Livonia	23	Du	22:08	00:41	1:07:19	00:35	0:25:18	1:56:01
53	125 John Tarduno	M	DM45-49	Rochester	49	Du	25:46	01:23	1:01:45	01:02	0:26:09	1:56:05
54	130 Paul Thompson	M	DM35-39	Byron	38	Du	22:52	01:50	1:05:05	01:26	0:25:25	1:56:39
55	43 Joaquim Flores	M	DM40-44	Rochester	44	Du	24:53	00:55	1:05:49	00:57	0:24:31	1:57:05
56	90 Gillian Micoli	F	DF25-29	Rochester	25	Du	24:50	01:54	1:05:15	01:42	0:23:33	1:57:14
57	170 J. Scott Odorisi	M	DM40-44	East Rochester	42	Du	24:09	01:25	1:04:29	00:59	0:27:11	1:58:13
58	109 Dan Schermerhorn	M	DM35-39	Hilton	35	Du	22:44	02:11	1:05:54	01:38	0:26:25	1:58:52
59	71 Jack Kasperski	M	DM55-59	Fairport	59	Du	25:16	03:01	1:02:58	02:13	0:25:24	1:58:52
60	156 Jeff Schneider	M	DM50-54	Avon	51	Du	25:40	01:09	1:03:24	01:52	0:26:59	1:59:04
61	64 Kameron Holmes	F	DF35-39	Fairport	35	Du	24:46	00:54	1:08:38	01:11	0:23:39	1:59:07
62	53 Greg Glaser	M	DM30-34	Walworth	31	Du	27:16	01:03	1:02:53	01:10	0:26:55	1:59:16
63	84 Mark McArdle	M	DM55-59	Rochester	55	Du	25:26	01:28	1:07:21	01:23	0:24:47	2:00:25
64	44 Jennifer Fosegan	F	DF35-39	Fairport	37	Du	24:51	01:00	1:08:22	00:54	0:25:45	2:00:52
65	7 Ryan Andreotta	M	DM30-34	Rochester	30	Du	24:32	01:55	1:09:11	01:26	0:24:10	2:01:13
66	66 Shawn Jackett	M	DM25-29	Fairport	29	Du	25:15	01:40	1:06:57	01:36	0:26:17	2:01:45
67	42 Joao Flores	M	DM40-44	Rochester	42	Du	25:38	02:00	1:03:09	01:46	0:29:20	2:01:53
68	136 Carey Vick	M	DM55-59	Webster	55	Du	24:07	01:16	1:08:51	01:09	0:26:40	2:02:02
69	103 Nelson Rich	M	DM45-49	Henrietta	47	Du	26:57	02:30	1:05:18	01:49	0:25:32	2:02:06
70	48 Rebecca Fuller	F	DF25-29	Rochester	27	Du	25:19	01:11	1:11:30	00:47	0:23:32	2:02:20
71	167 Michael Hall	M	DM35-39	Rochester	39	Du	28:30	01:37	1:07:10	01:11	0:24:05	2:02:32
72	54 Rae Glaser	F	DF25-29	Walworth	27	Du	25:45	01:17	1:09:36	01:02	0:25:36	2:03:15
73	52 Steve Gilden	M	DM60-64	Rochester	60	Du	25:43	03:29	1:03:39	03:09	0:28:11	2:04:11
74	21 Timothy Callan	M	DM35-39	Kenmore	38	Du	21:42	01:12	1:18:03	01:31	0:22:25	2:04:53
75	16 JoAnne Bradt	F	DF45-49	Scottsville	46	Du	23:49	02:22	1:13:52	01:04	0:24:37	2:05:45
76	102 Adam Rich	M	DM45-49	Bockport	47	Du	26:57	02:29	1:05:24	01:45	0:29:20	2:05:55

77	15 Heather Boyum	F	DF35-39	Fairport	38	Du	26:47	01:30	1:09:25	01:12	0:28:05	2:06:59
78	163 Laura Osinski	F	DF25-29	North Collins	29	Du	27:33	01:10	1:09:19	01:18	0:27:51	2:07:10
79	158 Doug Hendee	M	DM45-49	Penfield	45	Du	24:14	02:17	1:03:58	02:17	0:34:40	2:07:27
80	149 Scott Young	M	DM50-54	Honeoye Falls	50	Du	27:42	01:40	1:08:25	01:16	0:28:28	2:07:31
81	164 Christopher Davis	M	DM35-39	Pittsford	38	Du	23:33	01:59	1:10:03	02:04	0:29:57	2:07:36
82	6 J Michael Allen	M	DM45-49	Rochester	48	Du	26:42	02:42	1:08:01	02:37	0:27:37	2:07:38
83	50 Marcia Geary	F	DF50-54	Rochester	50	Du	24:44	01:48	1:13:43	01:36	0:25:53	2:07:44
84	75 susan kolko	F	DF40-44	Beverly Hills	43	Du	25:14	01:43	1:11:39	02:13	0:27:15	2:08:04
85	97 Ronald Paeth	M	DM45-49	Kendall	46	Du	28:15	02:03	1:07:47	01:15	0:28:51	2:08:11
86	22 Douglas Caswell	M	DM40-44	Penfield	40	Du	28:15	02:02	1:07:54	01:09	0:28:51	2:08:11
87	122 Todd Stoneham	M	DM45-49	Hilton	46	Du	29:12	01:43	1:06:12	01:49	0:29:26	2:08:22
88	95 Leo Pacanowski	M	DM50-54	Buffalo	50	Du	25:51	02:06	1:11:45	01:59	0:27:11	2:08:51
89	165 William Osinski	M	DM30-34	North Collins	30	Du	29:39	01:15	1:07:09	01:17	0:29:46	2:09:05
90	9 Nicole Antonoff	F	DF20-24	Dolgeville	23	Du	26:23	01:38	1:14:21	01:27	0:25:44	2:09:32
91	134 Marybeth Tonkery	F	DF35-39	Livonia	37	Du	28:52	01:42	1:09:17	01:37	0:28:18	2:09:46
92	120 Walter Standhart	M	DM65-69	Rochester	65	Du	26:35	01:46	1:12:51	01:35	0:27:01	2:09:48
93	63 Michelle Herron	F	DF40-44	Pittsford	42	Du	27:17	01:10	1:12:04	02:38	0:28:27	2:11:36
94	13 Charlie Bonafede	M	DM40-44	Webster	42	Du	27:28	02:24	1:11:58	02:34	0:27:27	2:11:52
95	115 Bob Singer	M	DM55-59	Webster	56	Du	28:12	01:40	1:10:05	02:12	0:29:52	2:12:00
96	94 Emily OShea	F	DF30-34	Hilton	31	Du	28:44	01:27	1:13:44	01:08	0:27:00	2:12:02
97	91 Elizabeth Mosher-Blount	F	DF40-44	Apex	41	Du	29:20	01:48	1:10:51	02:08	0:28:11	2:12:18
98	58 Solveig Hanson	F	DF30-34	Middlesex	31	Du	31:34	02:37	1:06:37	02:11	0:29:24	2:12:24
99	27 Mike Colletta	M	DM45-49	Spencerport	47	Du	29:24	01:34	1:08:43	01:45	0:31:30	2:12:55
100	154 Dan Judd	M	DM50-54	Rochester	50	Du	25:18	01:40	1:15:30	01:28	0:29:05	2:13:01
101	8 Amy Andrzejewski	F	DF25-29	Buffalo	26	Du	27:51	01:53	1:13:49	01:38	0:27:54	2:13:04
102	104 James Riley	M	DM50-54	Fairport	54	Du	27:11	01:40	1:15:48	01:11	0:27:21	2:13:13
103	60 Sean Hendrick	M	DM45-49	Rochester	47	Du	26:40	01:16	1:18:20	00:45	0:26:12	2:13:13
104	119 Gretchen Stahlman	F	DF50-54	Fairport	51	Du	29:27	01:48	1:12:10	01:49	0:28:41	2:13:54
105	96 Marlene Paeth	F	DF45-49	Kendall	47	Du	25:44	01:52	1:18:03	01:49	0:26:50	2:14:18
106	87 Lindsay McKenrick	F	DF25-29	Buffalo	26	Du	27:56	00:54	1:15:50	00:49	0:29:05	2:14:34
107	159 Christopher Ritz	M	DM35-39	Watertown	38	Du	27:37	02:07	1:16:34	01:28	0:27:20	2:15:06
108	79 Kevin L Maier	M	DM55-59	Webster	56	Du	30:40	02:31	1:04:30	02:41	0:35:02	2:15:23
109	135 Katie VanDusen	F	DF35-39	Kendall	37	Du	29:14	02:02	1:12:57	01:59	0:29:35	2:15:46
110	160 Aaron Phillips	M	DM30-34	Fairport	33	Du	27:20	01:18	1:18:46	01:03	0:28:10	2:16:37
111	99 Sing Poon	M	DM25-29	Rochester	27	Du	21:26	00:33	1:03:21	00:40	0:50:42	2:16:42
112	30 Gary Domenico	M	DM55-59	Rochester	56	Du	28:34	01:00	1:18:30	01:21	0:29:55	2:19:21
113	18 Dina Brouse	F	DF35-39	Rochester	38	Du	28:27	03:05	1:16:29	02:02	0:29:34	2:19:36
114	116 Deborah Smith	F	DF40-44	Rochester	41	Du	30:51	01:07	1:16:19	01:02	0:32:31	2:21:50
115	61 Kate Herrema	F	DF25-29	Rochester	27	Du	28:26	02:24	1:21:11	04:20	0:25:39	2:22:01
116	11 Margaret Baackes	F	DF30-34	Rochester	33	Du	27:24	01:45	1:21:59	01:29	0:29:36	2:22:13
117	26 Kyle Clark	M	DM35-39	Watertown	37	Du	28:02	01:52	1:20:37	01:21	0:30:22	2:22:14
118	132 Julie Tobolski	F	DF30-34	Oakfield	32	Du	26:43	01:10	1:26:11	01:00	0:27:24	2:22:27
119	38 Sara Finley	F	DF25-29	Rochester	28	Du	29:49	01:10	1:19:06	01:40	0:31:02	2:22:48
120	143 Julie Woodward	F	DF30-34	Rochester	31	Du	29:52	02:24	1:18:26	01:54	0:30:59	2:23:34
121	80 Stacy Maier	F	DF25-29	Rochester	26	Du	30:04	01:34	1:18:13	01:53	0:32:32	2:24:15
122	70 Matthew Johnson	M	DM25-29	Rochester	28	Du	33:40	01:28	1:17:40	01:35	0:30:56	2:25:18
123	49 Maria Furstoss	F	DF40-44	Rochester	44	Du	28:27	01:45	1:20:32	02:18	0:32:33	2:25:35

124	29 Tom DeRoller	M	DM50-54	Rochester	52	Du	34:26	01:11	1:14:09	01:08	0:34:43	2:25:36
125	114 Jady Simmons	F	DF35-39	Rochester	38	Du	31:15	01:33	1:21:37	01:20	0:30:36	2:26:21
126	34 Kathryn Elliott	F	DF25-29	Rochester	27	Du	28:23	03:10	1:24:41	01:33	0:29:47	2:27:33
127	106 Sandra Rosengrant	F	DF45-49	Churchville	48	Du	31:21	01:26	1:18:56	01:47	0:34:39	2:28:09
128	76 Carolyn Kriesen	F	DF65-69	Webster	66	Du	31:21	01:28	1:21:06	01:03	0:33:31	2:28:29
129	33 Bunny Dugo	F	DF25-29	Rochester	26	Du	28:00	01:17	1:25:14	01:00	0:33:03	2:28:34
130	127 Sue Thaine	F	DF55-59	Oakfield	57	Du	28:13	01:54	1:27:13	02:42	0:28:58	2:29:00
131	32 Heather Dougherty	F	DF40-44	Rochester	44	Du	28:53	01:48	1:24:11	02:06	0:32:23	2:29:22
132	171 Gene Garan	M	DM55-59	Lancaster	59	Du	29:18	01:41	1:22:40	01:46	0:34:16	2:29:40
133	74 Joan Kinsella	F	DF45-49	Rochester	46	Du	28:25	04:06	1:25:32	02:25	0:29:59	2:30:27
134	39 Tracie Fishman	F	DF35-39	Rochester	35	Du	29:49	01:23	1:24:52	01:32	0:33:15	2:30:50
135	59 Kathryn Harrison	F	DF40-44	Pittsford	43	Du	29:53	01:44	1:26:19	02:07	0:31:15	2:31:18
136	17 Stephen Bragg	M	DM45-49	Geneva	47	Du	28:41	01:15	1:31:31	01:17	0:29:17	2:32:01
137	14 Ashley Borrelli	F	DF25-29	Rochester	26	Du	28:26	02:22	1:31:58	02:12	0:27:27	2:32:25
138	83 Jason Mangone	M	DM30-34	Rochester	33	Du	28:27	02:17	1:32:56	01:10	0:27:35	2:32:25
139	148 Heidi W Smith	F	DF35-39	Webster	38	Du	25:50	03:11	1:36:07	00:06	0:32:42	2:37:56
140	152 Olivia Chang	F	DF30-34	Webster	34	Du	25:50	03:19	1:36:44	02:59	0:29:04	2:37:56
141	82 Janine Mangone	F	DF30-34	Rochester	30	Du	28:27	02:15	1:38:20	01:17	0:29:01	2:39:20
142	20 Sylvia Cadena	F	DF35-39	Rochester	35	Du	29:54	02:24	1:35:40	03:31	0:27:53	2:39:21
143	111 Alison Schweichler	F	DF25-29	Lancaster	28	Du	30:15	01:25	1:39:14	01:19	0:30:06	2:42:19
144	2 Brian Abrams	M	DM25-29	Rochester	27	Du	34:37	05:10	1:37:21	01:27	0:29:26	2:48:02
145	98 Jason Pletcher	M	DM30-34	Bethesda	33	Du	37:43	02:21	1:37:01	01:30	0:30:12	2:48:47
146	3 Jamie Abrams	F	DF30-34	Bethesda	31	Du	37:44	02:03	1:29:36	02:27	0:36:57	2:48:47
147	112 Kathleen Shea	F	DF30-34	Rochester	33	Du	29:50	01:56	1:45:24	01:54	0:30:45	2:49:50
148	85 Amy McCluskey	F	DF30-34	Rochester	31	Du	33:26	01:25	1:38:44	01:29	0:36:56	2:51:59
149	155 Nancy M Wilson	F	DF50-54	Bergen	53	Du	35:26	03:16	1:30:52	02:58	0:39:39	2:52:11
150	124 Chris Tarantino	F	DF55-59	Rochester	56	Du	36:07	01:45	1:39:07	01:34	0:36:12	2:54:45
151	5 Cheryl Albright	F	DF30-34	Rochester	30	Du	33:40	01:27	1:44:33	00:51	0:34:47	2:55:19
152	153 Jennifer Bockus	F	DF25-29	Rochester	25	Du	32:28	01:26	1:43:24	01:29	0:36:53	2:55:40
153	51 Stephen Gefell	M	DM20-24	Bloomfield	21	Du	31:18	01:48	1:46:14	01:00	0:39:35	2:59:55
154	108 Mary Ann Rutkowski	F	DF25-29	Brockport	27	Du	34:50	02:32	1:51:46	03:44	0:34:28	3:07:19
155	129 Debbie Thomas	F	DF50-54	Brockport	52	Du	34:50	02:39	1:52:05	03:20	0:34:25	3:07:20
156	121 Sandy Stewart	F	DF45-49	Penfield	45	Du	40:00	03:16	1:44:16	05:01	0:44:51	3:17:24

Kayak Solo Overall Results

1	K284 Scott Weiler	M	Kayak - Overall Male	Pittsford	47	Kayak	20:56	01:30	0:56:49	00:43	0:28:33	1:48:31
2	K234 Todd Furstoss	M	KM45-49	Rochester	45	Kayak	21:57	01:34	0:59:56	00:47	0:27:59	1:52:13
3	K222 Michael Dunn	M	KM50-54	Rochester	53	Kayak	21:54	01:23	0:58:23	01:26	0:32:41	1:55:46
4	K216 Martin J Coffey	M	KM40-44	Pittsford	41	Kayak	20:24	00:38	0:58:20	00:48	0:35:56	1:56:05
5	K239 Bob Hamilton	M	KM50-54	Lyons	54	Kayak	20:23	00:33	1:04:05	00:30	0:31:37	1:57:09
6	K213 Sean Carnahan	M	KM45-49	Rochester	45	Kayak	21:44	00:46	0:57:41	00:48	0:36:49	1:57:49
7	K283 Kevin Wynne	M	KM40-44	Webster	44	Kayak	24:41	00:59	0:58:29	00:46	0:33:19	1:58:14
8	K285 Leo Linder	M	KM35-39	Rochester	38	Kayak	20:56	01:48	1:01:32	01:34	0:33:53	1:59:44
9	K271 Dennis Stearns	M	KM55-59	Rochester	56	Kayak	23:35	01:05	1:01:19	00:49	0:33:06	1:59:55
10	K227 Peter Evans	M	KM50-54	Webster	52	Kayak	23:12	02:17	1:00:35	00:58	0:33:32	2:00:33
11	K275 Andrew Wirsing	M	KM40-44	Waterford	41	Kayak	24:14	02:01	1:00:39	01:03	0:34:18	2:02:15
12	K246 Chester Josefski	M	KM55-59	Rochester	56	Kayak	23:49	00:35	1:01:28	00:53	0:37:09	2:03:54

13	K269	Casey Smith	M	KM40-44	Williamsville	44	Kayak	28:03	01:10	1:04:45	00:55	0:29:22	2:04:15
14	K265	Christopher Rubeck	M	KM40-44	Geneseo	41	Kayak	21:50	01:57	1:04:38	01:13	0:35:03	2:04:41
15	K218	Scott T Daley	M	KM50-54	Rochester	51	Kayak	26:43	01:15	1:02:51	00:56	0:34:12	2:05:57
16	K206	Brian Beha	M	KM35-39	Rochester	37	Kayak	20:27	01:02	1:07:56	00:31	0:36:56	2:06:52
17	K287	Eileen Grew	F	Kayak - Overall Female	Lackawanna	52	Kayak	25:28	00:53	1:04:06	00:53	0:36:42	2:08:01
18	K262	Christine Parker	F	KF30-34	Lyons	33	Kayak	25:46	01:34	1:03:35	00:53	0:36:15	2:08:04
19	K229	Benjamin Faustich	M	KM25-29	Rochester	28	Kayak	26:55	01:40	1:03:18	01:02	0:35:36	2:08:31
20	K254	Robert Meinhold	M	KM45-49	Grand Island	47	Kayak	24:46	01:26	1:04:09	01:21	0:37:16	2:08:57
21	K288	Richard Adams	M	KM25-29	Rochester	26	Kayak	22:43	01:34	1:06:22	00:56	0:37:51	2:09:26
22	K232	Charles Friden	M	KM40-44	Fairport	41	Kayak	23:16	01:33	1:05:37	01:37	0:37:45	2:09:48
23	K215	Barry Cherney	M	KM40-44	Rochester	43	Kayak	25:58	00:48	1:00:00	00:45	0:42:17	2:09:48
24	K207	Jeffrey Berry	M	KM40-44	Pittsford	42	Kayak	27:40	01:17	1:07:58	02:06	0:33:37	2:12:38
25	K224	Bob Ecklund	M	KM50-54	Rochester	51	Kayak	24:00	03:04	1:06:01	01:02	0:38:36	2:12:42
26	K225	Barb Egenhofer	F	KF45-49	Rochester	45	Kayak	23:53	02:02	1:05:04	01:33	0:40:11	2:12:44
27	K219	Pat Doner	M	KM40-44	Fairport	44	Kayak	24:47	01:30	1:02:27	01:19	0:43:34	2:13:37
28	K245	Karl Jaanimagi	M	KM25-29	Pittsford	29	Kayak	21:14	00:48	1:11:01	00:28	0:40:48	2:14:20
29	K276	Jason Womer	M	KM30-34	Rochester	31	Kayak	22:03	00:56	1:03:27	01:26	0:47:05	2:14:56
30	K205	Kevin Bedard	M	KM55-59	Holley	58	Kayak	24:23	01:21	1:08:48	01:50	0:39:10	2:15:32
31	K212	Michael Burke	M	KM40-44	Hilton	41	Kayak	26:17	01:57	1:08:51	01:08	0:38:01	2:16:15
32	K261	Rob Paradise	M	KM40-44	Ontario	40	Kayak	24:59	01:05	1:04:54	00:58	0:45:14	2:17:10
33	K231	Stephen Flannery	M	KM45-49	Shavertown	48	Kayak	27:54	01:12	1:05:56	01:11	0:41:19	2:17:32
34	K278	Christopher Janiak	M	KM30-34	Rochester	32	Kayak	23:58	02:24	1:04:30	01:14	0:45:41	2:17:47
35	K250	Nick Magnini	M	KM25-29	Amherst	28	Kayak	23:57	01:16	1:12:17	01:08	0:40:09	2:18:48
36	K242	Jeff Houck	M	KM45-49	Rochester	48	Kayak	29:21	01:29	1:11:34	02:05	0:35:07	2:19:36
37	K255	Alexander Neri	M	KM19UNDER	Webster	18	Kayak	21:31	01:05	1:09:08	00:38	0:47:30	2:19:51
38	K230	Carma Flannery	F	KF50-54	Shavertown	50	Kayak	26:45	02:09	1:14:23	00:36	0:36:49	2:20:41
39	K223	Steve Eckerson	M	KM45-49	Rochester	48	Kayak	26:15	01:43	1:01:49	01:18	0:49:40	2:20:44
40	K221	David Dow	M	KM30-34	Syracuse	30	Kayak	27:05	01:26	1:06:09	01:26	0:45:25	2:21:31
41	K220	Christopher Donner	M	KM30-34	Williamsville	33	Kayak	24:14	01:58	1:20:47	01:48	0:33:23	2:22:09
42	K253	Christian Mayoros	M	KM40-44	Rush	41	Kayak	25:16	02:03	1:06:37	01:02	0:47:18	2:22:15
43	K279	Larry Byron	M	KM50-54	Hamlin	51	Kayak	31:19	01:45	1:08:32	02:11	0:39:53	2:23:40
44	K259	Ann ODell	F	KF30-34	Webster	34	Kayak	25:18	01:58	1:10:03	01:38	0:44:46	2:23:43
45	K268	Daniel Sinnott	M	KM45-49	Wayland	48	Kayak	26:47	01:37	1:11:17	01:01	0:43:09	2:23:52
46	K273	John Tuttle	M	KM45-49	Rochester	46	Kayak	24:36	02:48	1:07:36	02:16	0:47:23	2:24:39
47	K257	Edward Newman	M	KM45-49	Ontario	48	Kayak	24:32	02:51	1:15:20	01:59	0:40:10	2:24:52
48	K240	Stephen Hart	M	KM55-59	Rochester	55	Kayak	24:32	03:17	1:14:56	01:58	0:40:09	2:24:52
49	K256	Bruce Newell	M	KM55-59	Kendall	56	Kayak	26:28	01:19	1:15:56	01:00	0:40:09	2:24:52
50	K214	John Casper	M	KM45-49	Victor	48	Kayak	27:15	02:28	1:11:30	01:34	0:43:36	2:26:23
51	K267	Jeffrey Scott	M	KM40-44	Rochester	41	Kayak	27:08	02:46	1:09:13	01:21	0:45:56	2:26:24
52	K244	Molly Huff	F	KF45-49	Fairport	49	Kayak	26:33	01:50	1:10:52	01:52	0:45:33	2:26:40
53	K260	Peter ODell	M	KM35-39	Webster	38	Kayak	30:08	01:47	1:09:23	01:06	0:45:03	2:27:28
54	K237	Renee Goodwin-Walker	F	KF35-39	Rochester	36	Kayak	25:10	01:13	1:15:23	01:13	0:45:07	2:28:06
55	K258	Michelle OConnor	F	KF40-44	Rochester	41	Kayak	27:51	02:18	1:15:29	01:30	0:41:44	2:28:53
56	K282	David Hawke	M	KM50-54	Brockport	54	Kayak	25:43	02:26	1:12:48	01:55	0:46:33	2:29:25
57	K204	Denise Bedard	F	KF55-59	Holley	57	Kayak	29:37	01:37	1:16:20	02:30	0:40:56	2:31:01
58	K263	Robert Patten	M	KM25-29	Waterport	26	Kayak	25:59	02:49	1:17:51	02:22	0:44:12	2:33:13
59	K272	Kelley Stoll	F	KF45-49	Rochester	48	Kayak	26:58	01:37	1:15:02	02:05	0:48:37	2:34:19

60	K228	Marcia Fabinski	F	KF40-44	Rochester	43	Kayak	29:53	01:09	1:20:06	01:09	0:43:03	2:35:20
61	K270	Kathy Solan	F	KF40-44	Syracuse	41	Kayak	28:09	01:49	1:15:44	01:27	0:48:31	2:35:40
62	K274	Christine Waara	F	KF45-49	Fairport	45	Kayak	27:51	01:54	1:17:23	01:59	0:46:38	2:35:45
63	K235	Tricia Gaglia	F	KF35-39	Pittsford	39	Kayak	29:42	01:28	1:17:04		0:48:56	2:37:11
64	K210	Kelly Bosh	F	KF30-34	Rochester	31	Kayak	26:58	01:05	1:23:58	00:56	0:46:03	2:39:00
65	K233	Mike Friedler	M	KM45-49	Ontario	49	Kayak	31:32	02:40	1:19:57	01:39	0:44:26	2:40:15
66	K226	Jessica Esders	F	KF35-39	Fairport	36	Kayak	28:49	04:12	1:29:44	01:53	0:38:27	2:43:06
67	K211	Annette Brenner	F	KF40-44	Honeoye Falls	40	Kayak	31:29	01:40	1:20:51	01:56	0:50:02	2:45:57
68	K249	Bob Lonsberry	M	KM50-54	Mt. Morris	50	Kayak	25:43	01:28	1:30:35	01:03	0:47:31	2:46:20
69	K236	Valarie Gibson	F	KF40-44	Rochester	44	Kayak	30:27	01:54	1:23:29	00:46	0:50:01	2:46:37
70	K209	Tonia Borrosch	F	KF35-39	Honeoye Falls	39	Kayak	31:59	03:22	1:24:01	04:02	0:44:07	2:47:30
71	K286	Greg Borrosch	M	KM40-44	Rochester	43	Kayak	32:00	04:21	1:24:08	02:55	0:44:07	2:47:31
72	K277	Tom Wood	M	KM45-49	Rochester	45	Kayak	30:17	01:30	1:24:59	01:33	0:49:19	2:47:37
73	K208	Ginger Black	F	KF35-39	North Chili	35	Kayak	27:18	03:58	1:38:52	02:00	0:38:35	2:50:43
74	K252	Suzy Martin	F	KF40-44	Buffalo	40	Kayak	32:27	01:17	1:32:37		0:45:03	2:51:24
75	K247	Nick Jungman	M	KM30-34	Liverpool	31	Kayak	27:27	02:26	1:33:03	01:39	0:50:40	2:55:15
76	K241	Lacie Hill	F	KF25-29	Liverpool	27	Kayak	27:27	02:26	1:33:05	01:37	0:50:40	2:55:15
77	K203	Cheryl Barr	F	KF40-44	Pittsford	40	Kayak	30:34	03:11	1:31:36	01:17	0:50:09	2:56:47
78	K238	Roberta Greco	F	KF35-39	Canandaigua	35	Kayak	28:19	01:45	1:29:31	02:18	0:56:03	2:57:55
79	K243	Jamie Howard	M	KM40-44	Albany	44	Kayak	34:20	01:49	1:33:08	01:40	0:47:12	2:58:09
80	K280	Dawn Mamikunian	F	KF45-49	Pittsford	45	Kayak	30:43	03:58	1:31:50	02:20	0:49:36	2:58:27
81	K251	Johanna Mahan	F	KF45-49	Rochester	46	Kayak	34:18	02:12	1:30:58	01:20	0:52:15	3:01:02
82	K266	Eileen Scardino	F	KF45-49	Rochester	46	Kayak	31:28	01:59	1:35:05	01:10	0:55:14	3:04:57
83	K248	Anne Lambert	F	KF50-54	Pittsford	52	Kayak	34:00	04:10	1:36:57	03:11	0:49:13	3:07:31
84	K281	Elizabeth Hickey	F	KF20-24	Rochester	24	Kayak	28:05	01:07	1:57:13	00:38	0:50:16	3:17:18
85	K217	Jason Conklin	M	KM30-34	Henrietta	32	Kayak	24:19	00:46	2:13:04	00:29	0:45:48	3:24:26

Duathlon Team Overall Results

1	409	Team BOGO Du Team	T - Du	T - Du	T - Du	T - Du	20:31	00:41	0:52:10	00:27	0:19:51	1:33:39
2	404	Hiram & Eddie Du Team	T - Du	T - Du	T - Du	T - Du	20:46	00:39	1:08:36	00:37	0:19:04	1:49:43
3	408	Team Blue-Green Du Team	T - Du	T - Du	T - Du	T - Du	25:29	00:40	1:03:06	00:32	0:25:04	1:54:52
4	410	Team Bower Du Team	T - Du	T - Du	T - Du	T - Du	31:14	00:59	0:58:35	01:41	0:22:42	1:55:11
5	401	All Dunn In Du Team	T - Du	T - Du	T - Du	T - Du	29:40	01:06	0:56:30	00:31	0:28:52	1:56:40
6	402	Dad and Kate Du Team	T - Du	T - Du	T - Du	T - Du	24:39	00:41	1:11:29	00:35	0:23:56	2:01:20
7	407	Spring Twins Du Team	T - Du	T - Du	T - Du	T - Du	26:14	00:38	1:07:53	00:41	0:26:12	2:01:38
8	412	Team Voll Du Team	T - Du	T - Du	T - Du	T - Du	24:28	00:51	1:14:04	00:33	0:23:58	2:03:53
9	403	Get Electric!! Du Team	T - Du	T - Du	T - Du	T - Du	31:07	00:59	1:06:27	00:37	0:30:11	2:09:20
10	405	j&s Du Team	T - Du	T - Du	T - Du	T - Du	27:35	01:00	1:14:55	00:35	0:27:44	2:11:48
11	414	Unity #1 Du Team	T - Du	T - Du	T - Du	T - Du	27:42	01:12	1:33:16	00:40	0:27:38	2:30:27
12	413	The Steele Sisters Du Team	T - Du	T - Du	T - Du	T - Du	31:43	00:41	1:26:04	00:40	0:31:45	2:30:52
13	411	Team Jones Du Team	T - Du	T - Du	T - Du	T - Du	41:12	00:56	1:12:46	00:56	0:42:49	2:38:38
14	415	Unity #2 Du Team	T - Du	T - Du	T - Du	T - Du	29:17	01:39	1:46:48	00:41	0:29:24	2:47:50

Canoe Team Overall Results

1	C606	Traubs Team Canoe Team	Team - Can	Team - Can	Team - Can	Team - Can	19:45	00:35	1:11:01	00:26	0:38:03	2:09:51
2	C607	Unity #3 Canoe Team	Team - Can	Team - Can	Team - Can	Team - Can	28:32	00:58	1:05:34	00:36	0:36:44	2:12:23
3	C604	NYU Canoe Team	Team - Can	Team - Can	Team - Can	Team - Can	26:03	00:38	0:57:06	00:37	0:49:42	2:14:07

4	C611	The Crazy Calvis Canoe Team	Team - Can	Team - Can	Team - Can	Team - Can	28:12	00:43	1:10:10	00:29	0:39:27	2:19:01
5	C601	Gould Team Canoe Team	Team - Can	Team - Can	Team - Can	Team - Can	25:15	00:36	1:13:05	00:25	0:44:38	2:23:59
6	C602	Lunatic Fringe Canoe Team	Team - Can	Team - Can	Team - Can	Team - Can	28:36	00:59	1:17:19	00:43	0:37:08	2:24:45
		Full Compass Fitness Canoe										
7	C610	Team	Team - Can	Team - Can	Team - Can	Team - Can	29:26	00:38	1:10:38	00:30	0:44:37	2:25:49
8	C608	Wheel See Canoe Team	Team - Can	Team - Can	Team - Can	Team - Can	21:25	00:53	1:23:34	00:30	0:43:00	2:29:21
9	C613	Boom Master Canoe Team	Team - Can	Team -Can	Team - Can	Team - Can	31:47	01:15	1:05:48	02:43	0:49:09	2:30:41
		Running on a Dream Canoe										
10	C605	Team	Team - Can	Team - Can	Team - Can	Team - Can	24:30	00:39	1:16:59	00:26	0:49:53	2:32:26
11	C612	Speechless Canoe Team	Team - Can	Team - Can	Team - Can	Team - Can	29:55	00:50	1:19:10	01:18	0:43:44	2:34:57
12	C609	Team McBride Canoe Team	Team - Can	Team - Can	Team - Can	Team - Can	28:34	01:36	1:21:11	00:27	0:44:52	2:36:40

Kayak Team Overall Results

1	K505	Smash Bang Kayak Team	Team - Ka	Team - Ka	Team - Ka	Team - Ka	25:14	00:43	1:00:30	00:43	0:36:14	2:03:23
2	K507	Tas Racing Kayak Team	Team - Ka	Team - Ka	Team - Ka	Team - Ka	18:41	00:46	1:05:57	00:31	0:39:03	2:04:58
		A paddle, a pedal, and a pair										
3	K503	of sneakers Kayak Team	Team - Ka	Team - Ka	Team - Ka	Team - Ka	23:10	00:42	1:09:20	00:30	0:33:07	2:06:50
4	K508	Edwards Kokinda Kayak Team	Team - Ka	Team - Ka	Team - Ka	Team - Ka	23:51	00:50	1:15:14	02:03	0:39:07	2:21:05
5	K504	Race Junkies Kayak Team	Team - Ka	Team - Ka	Team - Ka	Team - Ka	31:45	00:46	1:10:20	00:42	0:46:59	2:30:33
6	K506	TripleThreat Kayak Team	Team - Ka	Team - Ka	Team - Ka	Team - Ka	27:41	00:53	1:27:46	00:44	0:45:09	2:42:12