Position	Runner No.	Name	Category	Swim	T1	Kayak	T2	Bike	Т3	Run	Total	Award
1	32	Michael Mason	MV40	00:12:38	00:00:18	00:25:06	00:00:42	00:36:37	00:00:26	00:19:49	01:35:36	1st M
2	33	Ferenc Csima	MV40	00:11:23	00:00:15	00:24:39	00:00:38	00:40:26	00:00:47	00:22:31	01:40:39	2nd M
3	14	Alan Cole	MV40	00:11:19	00:00:13	00:29:31	00:00:48	00:37:22	00:00:27	00:22:16	01:41:56	3rd M
4	25	Bryce Dyer	MV40	00:13:16	00:00:19	00:29:53	00:00:37	00:35:20	00:00:33	00:24:02	01:44:00	1st MV40
5	12	Etienne Stott	SM	00:14:01	00:00:24	00:27:42	00:00:38	00:38:37	00:01:03	00:22:13	01:44:38	
6	24	Nigel Unwin	MV50	00:13:17	00:00:19	00:29:51	00:00:49	00:41:32	00:00:25	00:24:05	01:50:18	1st MV50
7	18	Nigel Leeson	MV50	00:14:50	00:00:15	00:30:24	00:00:42	00:39:19	00:00:32	00:25:43	01:51:45	2nd MV50
8	37	Ewan Cox	MV50	00:16:16	00:00:17	00:27:48	00:00:53	00:41:42	00:00:21	00:26:06	01:53:23	
9	17	Chris Carter	MV50	00:14:33	00:00:15	00:27:55	00:00:43	00:44:47	00:00:43	00:24:59	01:53:55	
10	43	Steve Rust	MV50	00:12:40	00:00:17	00:28:40	00:00:46	00:40:43	00:00:55	00:30:09	01:54:10	
11	3	Helen Russell	FV40	00:12:47	00:00:19	00:31:31	00:00:31	00:43:34	00:00:46	00:25:04	01:54:32	1st F
12	22	Peter Tindall	MV40	00:15:21	00:00:47	00:36:17	00:01:13	00:38:41	00:00:50	00:24:17	01:57:26	2nd MV40
13	42	Alasdair Bruce	MV40	00:12:48	00:00:23	00:30:41	00:01:17	00:45:26	00:00:35	00:26:24	01:57:34	
14	40	Kevin Blakey	MV50	00:18:59	00:00:21	00:32:05	00:00:45	00:42:30	00:00:35	00:24:39	01:59:54	
15	13	Russel Breyer	MV50	00:15:03	00:00:14	00:31:37	00:01:05	00:45:58	00:00:45	00:25:36	02:00:18	
16	29	Simon Wright	MV40	00:21:23	00:00:53	00:28:51	00:01:12	00:42:51	00:01:32	00:24:05	02:00:47	
17	10	Cliff Odgers	MV50	00:14:45	00:00:22	00:33:24	00:01:08	00:42:58	00:00:38	00:27:46	02:01:01	
18	41	Phil Holden	MV50	00:16:02	00:00:20	00:31:57	00:00:48	00:44:32	00:00:38	00:27:27	02:01:44	
19	34	Michael Toomey	MV60	00:17:12	00:00:52	00:31:04	00:00:51	00:46:08	00:00:49	00:26:13	02:03:09	1st MV60
20	11	Jacqueline Davies	FV50	00:13:29	00:00:15	00:32:25	00:00:39	00:44:28	00:00:46	00:31:15	02:03:17	2nd F
21	16	Jean Ashley	FV60	00:15:08	00:00:14	00:31:16	00:00:44	00:47:05	00:00:34	00:29:42	02:04:43	3rd F
22	36	Billy Fadden	MU23	00:15:24	00:00:13	00:47:41	00:01:12	00:35:21	00:00:19	00:26:11	02:06:21	1st MU23
23	31	David Finch	MV50	00:17:17	00:00:56	00:36:16	00:01:54	00:39:07	00:01:39	00:29:18	02:06:27	
24	28	Gillian Melia	FV40	00:13:28	00:00:20	00:36:42	00:00:48	00:45:56	00:00:43	00:29:21	02:07:18	1st FV40
25	19	Lance Ball	MV50	00:17:48	00:00:23	00:36:11	00:00:57	00:44:40	00:00:21	00:27:41	02:08:01	
26	9	Kev Lovett	MV50	00:16:32	00:00:31	00:36:39	00:00:59	00:44:48	00:00:27	00:28:38	02:08:34	
27	6	Mary White	FV60	00:19:11	00:00:26	00:36:56	00:00:56	00:42:26	00:00:58	00:27:54	02:08:47	1st FV60
28	4	Ali Pendle	FV50	00:18:48	00:00:15	00:31:07	00:00:36	00:47:17	00:00:36	00:30:47	02:09:26	1st FV50
29	2	Peter Chappill	MV50	00:17:28	00:00:32	00:33:55	00:01:04	00:49:26	00:00:27	00:28:40	02:11:32	
30	15	John Kavanagh	MV60	00:15:10	00:00:24	00:30:58	00:01:18	00:49:19	00:01:23	00:33:30	02:12:02	
31	35	Alastair Fadden	MV50	00:14:42	00:00:19	00:53:01	00:01:27	00:40:13	00:00:33	00:23:59	02:14:14	
32	39	Andrew Lawson	MV50	00:22:49	00:00:54	00:43:16	00:01:40	00:40:24	00:00:31	00:25:00	02:14:34	
33	5	Mandy Greenway	FV50	00:18:01	00:00:43	00:34:56	00:00:56	00:52:30	00:00:56	00:36:25	02:24:27	2nd FV50
34	7	Margaret Huyton	FV60									2nd FV60
35	38	John MacLeod	MV60	00:26:51	00:01:29	00:35:51	00:02:49	00:54:03	00:01:13	00:37:51	02:40:07	
36	23	Elizabeth Angood	SF	00:15:16	00:00:55	00:49:11	00:01:30	00:58:03	00:01:00	00:35:37	02:41:32	
	26	Jeff Chappill	MV40	00:17:33	00:01:44	00:41:55	00:02:14	00:43:47	00:00:44	00:27:37	02:15:34	Wetsuit
	30	Tony England	MV50	00:19:14	00:01:35	00:47:45	00:02:32	00:44:11	00:01:01	00:26:21	02:22:39	Wetsuit