

# 2022 Shrewsbury Triathlon, Quadrathlon, Aquathlon & Aquabike

## Quadrathlon

| Plac | Bib | Name               | Gender | AG           | Club                    | Swim  | Kayak | T1    | Bike  | Bike Dead | T2    | Run   | Finish         | Penalt | Gap    |
|------|-----|--------------------|--------|--------------|-------------------------|-------|-------|-------|-------|-----------|-------|-------|----------------|--------|--------|
| 1.   | 35  | Oliver Fairbairn   | M      | Male Open    |                         | 07:18 | 24:41 | 00:58 | 40:10 | 02:15     | 00:50 | 20:36 | <b>1:34:29</b> |        | --     |
| 2.   | 32  | Nigel Unwin        | M      | Male 50-59   | BRADFORD ON AVON CANOE  | 07:23 | 25:24 | 00:56 | 38:29 | 01:42     | 00:38 | 21:46 | <b>1:34:34</b> |        | +00:05 |
| 3.   | 24  | Jules Taylor       | M      | Male 60-99   | BRISTOL CANOE CLUB      | 07:28 | 26:03 | 00:55 | 41:05 | 01:22     | 00:49 | 21:32 | <b>1:37:50</b> |        | +03:21 |
| 4.   | 43  | Phil Holden        | M      | Male 50-59   | SY TRI (SHREWSBURY      | 07:37 | 25:48 | 00:50 | 41:50 | 01:34     | 00:44 | 22:53 | <b>1:39:40</b> |        | +05:11 |
| 5.   | 4   | Helen Russell      | F      | Female 40-49 | FLADBURY PADDLE CLUB    | 06:56 | 25:48 | 01:02 | 43:18 | 01:48     | 00:48 | 22:27 | <b>1:40:17</b> |        | --     |
| 6.   | 23  | Nicholas Farnell   | M      | Male 60-99   | SHREWSBURY CANOE CLUB   | 08:33 | 27:01 | 01:02 | 41:02 | 02:03     | 00:57 | 22:30 | <b>1:41:03</b> |        | +06:34 |
| 7.   | 28  | Richard Honey      | M      | Male 50-59   |                         | 08:08 | 29:06 | 01:03 | 40:26 | 01:22     | 01:13 | 24:47 | <b>1:44:40</b> |        | +10:11 |
| 8.   | 27  | John McAdam        | M      | Male 60-99   | FLADBURY PADDLE CLUB    | 08:47 | 26:38 | 01:07 | 42:22 | 01:34     | 00:56 | 26:45 | <b>1:46:34</b> |        | +12:05 |
| 9.   | 22  | Wayne Smith        | M      | Male 50-59   | GLANFORD AND SCUNTHORPE | 07:53 | 29:23 | 01:40 | 44:26 | 01:49     | 01:16 | 23:05 | <b>1:47:41</b> |        | +13:12 |
| 10.  | 31  | Lance Ball         | M      | Male 50-59   | WRECSAM TRI CLUB        | 08:15 | 28:46 | 02:04 | 43:08 | 01:34     | 00:44 | 26:32 | <b>1:49:28</b> |        | +14:59 |
| 11.  | 29  | Russel Breyer      | M      | Male 60-99   |                         | 09:23 | 28:18 | 01:20 | 45:53 | 01:23     | 01:14 | 23:22 | <b>1:49:28</b> |        | +14:59 |
| 12.  | 18  | Nicola Hamerton    | F      | Female 60-99 |                         | 09:57 | 30:13 | 01:16 | 44:12 | 02:08     | 00:58 | 22:57 | <b>1:49:32</b> |        | +09:15 |
| 13.  | 15  | Adele Blakeborough | F      | Female 50-59 |                         | 07:21 | 27:04 | 01:10 | 47:51 | 01:10     | 00:48 | 25:36 | <b>1:49:48</b> |        | +09:31 |
| 14.  | 11  | Natalie Abbott     | F      | Female 60-99 | MADCC                   | 07:58 | 32:46 | 01:24 | 44:24 | 01:42     | 01:16 | 22:53 | <b>1:50:39</b> |        | +10:22 |
| 15.  | 2   | Helen Adams        | F      | Female 50-59 | HATRIC                  | 07:49 | 29:26 | 01:02 | 46:01 | 02:40     | 00:49 | 25:47 | <b>1:50:53</b> |        | +10:36 |
| 16.  | 21  | Jeff Chappill      | M      | Male 50-59   | LINCSQUAD               | 08:54 | 31:54 | 01:12 | 45:52 | 01:51     | 01:08 | 25:43 | <b>1:54:41</b> |        | +20:12 |
| 17.  | 38  | Andrew Lawson      | M      | Male 60-99   | LINCSQUAD               | 09:59 | 33:41 | 02:18 | 42:28 | 02:12     | 02:14 | 24:25 | <b>1:55:03</b> |        | +20:34 |
| 18.  | 1   | Liz Dawson         | F      | Female 50-59 | MADCC                   | 06:48 | 30:23 | 01:27 | 47:15 | 02:12     | 01:32 | 28:17 | <b>1:55:39</b> |        | +15:22 |
| 19.  | 30  | Kris Kirby         | M      | Male 50-59   |                         | 10:51 | 32:36 | 00:47 | 46:03 | 01:49     | 01:00 | 27:25 | <b>1:58:39</b> |        | +24:10 |
| 20.  | 6   | Mary White         | F      | Female 60-99 | MADCC                   | 09:03 | 32:56 | 01:55 | 46:43 | 01:39     | 01:37 | 26:40 | <b>1:58:51</b> |        | +18:34 |
| 21.  | 12  | Gemma Block        | F      | Female Youth | SHREWSBURY CANOE CLUB   | 09:35 | 29:44 | 01:42 | 53:50 | 01:53     | 00:58 | 27:02 | <b>2:02:49</b> |        | +22:32 |
| 22.  | 9   | Siobhan Henn       | F      | Female Open  | WRECSAM TRI CLUB        | 07:52 | 34:09 | 02:01 | 49:48 | 02:21     | 00:56 | 29:23 | <b>2:04:07</b> |        | +23:50 |
| 23.  | 8   | Elaine Palmer      | F      | Female 50-59 | NORTHAMPTON ROAD        | 08:19 | 39:42 | 01:35 | 48:46 | 01:42     | 01:00 | 25:42 | <b>2:05:02</b> |        | +24:45 |
| 24.  | 36  | John MacLeod       | M      | Male 60-99   | FLADBURY PADDLE CLUB    | 10:55 | 30:15 | 02:43 | 48:25 | 02:12     | 02:19 | 31:46 | <b>2:06:22</b> |        | +31:53 |
| 25.  | 13  | Heike Chapman      | F      | Female 50-59 | MADCC                   | 08:18 | 33:51 | 01:44 | 53:56 | 02:21     | 00:51 | 27:53 | <b>2:06:32</b> |        | +26:15 |
| 26.  | 14  | Margaret Huyton    | F      | Female 60-99 | MACCLESFIELD CANOE CLUB | 12:48 | 32:08 | 02:00 | 50:47 | 01:50     | 01:19 | 28:12 | <b>2:07:13</b> |        | +26:56 |
| 27.  | 7   | Anita Evans        | F      | Female 40-49 | SHROPSHIRE PADDLESPTS   | 08:46 | 29:57 | 01:34 | 55:52 | 02:32     | 00:44 | 31:08 | <b>2:07:59</b> |        | +27:42 |
| 28.  | 41  | Phillip Russell    | M      | Male 60-99   |                         | 09:57 | 28:01 | 01:43 | 52:49 | 02:11     | 01:36 | 35:40 | <b>2:09:44</b> |        | +35:15 |
| 29.  | 26  | David Jones        | M      | Male 60-99   | TEAM MANVERS            | 10:44 | 32:28 | 02:35 | 54:16 | 02:03     | 01:04 | 29:19 | <b>2:10:24</b> |        | +35:55 |
| 30.  | 16  | Victoria Iremonger | F      | Female 40-49 | SY TRI (SHREWSBURY      | 10:29 | 32:40 | 02:12 | 58:10 | 01:51     | 00:50 | 28:26 | <b>2:12:46</b> |        | +32:29 |
| 31.  | 3   | Donna Chappill     | F      | Female 50-59 | LINCSQUAD               | 08:59 | 33:08 | 01:53 | 55:47 | 02:12     | 01:47 | 34:24 | <b>2:15:56</b> |        | +35:39 |
| 32.  | 37  | Michael Palmer     | M      | Male 50-59   |                         | 11:16 | 42:06 | 03:39 | 49:32 | 02:54     | 03:14 | 29:21 | <b>2:19:05</b> |        | +44:36 |
| 33.  | 20  | Bruce Roberts      | M      | Male 50-59   | WRECSAM TRI CLUB        | 06:59 | 47:01 | 02:27 | 54:24 | 02:00     | 01:25 | 26:52 | <b>2:19:07</b> |        | +44:38 |
| 34.  | 10  | Caroline Jones     | F      | Female 50-59 | TEAM MANVERS            | 12:48 | 31:14 | 02:08 | 59:43 | 02:27     | 01:40 | 39:01 | <b>2:26:33</b> |        | +46:16 |

# 2022 Shrewsbury Triathlon, Quadrathlon, Aquathlon & Aquabike

## **Quadrathlon**

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| <b>Plac</b> | <b>Bib</b> | <b>Name</b> | <b>Gende</b> | <b>AG</b> | <b>Club</b> | <b>Swim</b> | <b>Kayak</b> | <b>T1</b> | <b>Bike</b> | <b>Bike<br/>Dead</b> | <b>T2</b> | <b>Run</b> | <b>Finish</b> | <b>Penalt</b> | <b>Gap</b> |
|-------------|------------|-------------|--------------|-----------|-------------|-------------|--------------|-----------|-------------|----------------------|-----------|------------|---------------|---------------|------------|
|-------------|------------|-------------|--------------|-----------|-------------|-------------|--------------|-----------|-------------|----------------------|-----------|------------|---------------|---------------|------------|

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Number of records: 34