Pos	Gun time	First name	Last name	Club	Category	Pos	Swim	T1	Kayak	T2	Cycle	T3	Run
1	02:00:06	Eleanor	Young	Linlithgow Kayak Racing	Senior (23-39)	1	17:06:00	00:54:00	25:35:00	01:14:00	52:42:00	00:53:00	21:39:00
2	02:03:52	Natalie	Abbott	Macclesfield and District Canoe Club	Over 60	1	15:58:00	01:23:00	29:19:00	01:30:00	51:58:00	01:16:00	22:25:00
3	02:06:20	Helen	Adams	HaTriC	Over 50	1	15:36:00	01:08:00	27:16:00	00:56:00	54:15:00	01:06:00	25:59:00
4	02:06:48	Pauline	Percy	HaTriC	Over 60	2	13:57:00	01:56:00	31:39:00	00:40:00	52:46:00	00:49:00	24:58:00
5	02:06:57	Nicola	Hamerton	Lostock	Over 60	3	19:59:00	00:48:00	27:53:00	01:15:00	53:40:00	01:07:00	22:13:00
6	02:09:07	Mary	White	Bolton Triathlon Club	Over 70	1	17:27:00	01:27:00	29:51:00	01:23:00	52:02:00	01:14:00	25:40:00
7	02:12:36	Liz	Dawson	Bolton Triathlon Club	Over 60	4	13:30:00	00:53:00	28:47:00	01:49:00	57:55:00	01:48:00	27:52:00
8	02:16:00	Rachel	Arnold	Helsby Running Club	Over 60	5	18:23:00	01:25:00	29:19:00	02:00:00	58:57:00	01:05:00	24:47:00
9	02:17:06	Anna	Young	Dundee University Triathlon Club	Under 23	1	17:57:00	01:01:00	26:54:00	01:20:00	01:00:01	00:50:00	29:00:00
10	02:20:38	Hermione	Ball	Wrexham Tri	Under 23	2	17:02:00	01:04:00	29:37:00	01:18:00	01:01:27	00:44:00	29:23:00
11	02:20:54	Clare	Addy	Team Manvers	Over 40	1	14:12:00	02:00:00	29:45:00	03:10:00	01:04:30	02:15:00	24:59:00
12	02:25:17	Margaret	Huyton	Macclesfield canoe club	Over 70	2	25:34:00	01:16:00	29:30:00	01:35:00	58:34:00	01:26:00	27:18:00
13	02:26:04	Mandy	Lewis	Whitchurch Whippets	Over 40	2	20:49:00	01:07:00	28:23:00	01:38:00	01:04:11	00:40:00	29:13:00
14	02:26:41	Helen	Richardson		Over 50	2	20:08:00	01:31:00	29:06:00	01:46:00	59:30:00	01:50:00	32:48:00
15	02:26:51	Elaine	Palmer		Over 50	3	16:53:00	01:08:00	38:52:00	02:12:00	01:01:49	01:08:00	24:47:00
16	02:28:19	Victoria	Mays	Lincoln Canoe Club	Over 40	3	19:10:00	01:27:00	32:28:00	02:13:00	01:03:47	01:43:00	27:28:00
17	02:30:57	Tora	Oetgen	TriBB	Over 40	4	16:37:00	00:57:00	44:30:00	02:28:00	57:17:00	01:22:00	27:43:00
18	02:33:39	Jude	Young	Linlithgow Kayak Racing	Over 50	4	24:27:00	01:18:00	28:01:00	02:42:00	01:01:24	01:04:00	34:40:00
19	02:34:09	Lucy	Sedgwick		Over 50	5	* 27:20	01:18:00	27:55:00	02:04:00	01:03:34	01:23:00	30:24:00
20	02:36:18	Zoe	Sawula		Senior (23-39)	2	22:59:00	01:19:00	38:20:00	04:05:00	01:01:28	01:46:00	26:18:00
21	02:37:26	Mel	Sutherland		Over 40	5	16:45:00	01:09:00	47:21:00	02:29:00	59:58:00	01:30:00	28:11:00
22	02:40:30	Caz	Jones	Team Manvers	Over 50	6	19:03:00	02:09:00	29:58:00	02:15:00	01:06:43	02:18:00	38:01:00
23	02:40:591	Claire	Longney		Over 50	7	17:44:00	01:32:00	32:38:00	03:11:00	01:08:08	01:38:00	36:04:00
24	02:41:27	Willow	Lewis		Under 23	3	20:21:00	01:16:00	29:33:00	02:07:00	01:10:35	01:01:00	36:32:00
25	02:47:11	Ros	Clarke	Chester canoe club	Over 50	8	17:49:00	00:42:00	28:37:00	03:25:00	01:04:15	03:39:00	48:41:00
26	02:48:22	Terrie	Johnson	Pensby Runners	Over 50	9	22:23:00	01:57:00	36:49:00	02:48:00	01:07:29	01:05:00	35:48:00
27	02:48:49	Sue	Austin		Over 60	6	22:58:00	02:29:00	34:34:00	03:05:00	01:07:51	01:45:00	36:05:00
28	02:49:37	Sandy	Riley	WAC	Over 50	10	17:10:00	01:19:00	43:51:00	05:47:00	01:09:42	00:54:00	30:52:00
29	02:52:46	Emma	Yoxall		Senior (23-39)	3	28:26:00	01:49:00	34:14:00	03:15:00	01:11:16	00:51:00	32:52:00
30	02:56:17	Jean	Goodman		Over 50	11	26:30:00	03:34:00	36:54:00	03:31:00	01:10:38	01:50:00	33:17:00

10 Feryal Melville-Polat Macclesfield and Bollington Kayak ClulOver 50

26:14:00

02:13:00 35:11:00

05:45:00

01:39:37

02:49:00