

SHREWSBURY TRIATHLON → QUADRATHLON (SWIM+KAYAK) — SEP 1ST 2013

Age range 1 - 100

RACE DISCIPLINES & SPLIT DISTANCES

ORGANISER

500 metre Swim 23 kilometre Cycle 5 kilometre Run

Shrewsbury Triathlon

RACE RESULTS

<http://severtriathlon.moonfruit.com/>
[\[Results Breakdown\]](#) [\[Hide Splits\]](#) [\[Download CSV\]](#) [Gender All Male Female] [Jump to bib #



Pos	#	Name	Cat	Club	Gun Time	↓ Share!
1	73	STEVE KING	M V40	Hereford Kayak Club	01:25:10	-
Swim+Kayak 00:26:53 T1 00:00:46 Cycle 00:38:20 T2 00:00:35 Run 00:18:35						
2	60	NIGEL JOHN UNWIN	M V40	BRADFORD ON AVON CANOE CLUB	01:30:11	+00:05:01
Swim+Kayak 00:30:06 T1 00:00:43 Cycle 00:39:46 T2 00:00:38 Run 00:18:56						
3	59	DUNCAN PEARSON	M V50		01:35:05	+00:09:55
Swim+Kayak 00:36:29 T1 00:00:47 Cycle 00:38:46 T2 00:00:37 Run 00:18:24						
4	62	MARK PRYOR	M V40	QUADRAC RACING	01:37:23	+00:12:13
Swim+Kayak 00:34:47 T1 00:01:25 Cycle 00:40:59 T2 00:00:44 Run 00:19:27						
5	63	DARREN RICHARD MITCHELMORE	M V40	SYTri	01:38:55	+00:13:45
Swim+Kayak 00:37:46 T1 00:00:59 Cycle 00:39:48 T2 00:00:43 Run 00:19:38						
6	47	SHARON COLLEY	F V40	Hereford Kayak Club	01:39:48	+00:14:38
Swim+Kayak 00:30:37 T1 00:00:57 Cycle 00:43:44 T2 00:00:50 Run 00:23:38						
7	52	PAUL BELCHER	M V60	ATLANTIC COLLEGE	01:42:18	+00:17:08
Swim+Kayak 00:36:22 T1 00:00:59 Cycle 00:43:53 T2 00:00:58 Run 00:20:04						
9	64	GEORGE GRAHAM	M V40		01:45:52	+00:20:42
Swim+Kayak 00:40:12 T1 00:01:06 Cycle 00:43:55 T2 00:00:45 Run 00:19:54						
10	66	PHIL HOLDEN	M V40	SYTri	01:46:29	+00:21:19
Swim+Kayak 00:37:22 T1 00:00:58 Cycle 00:44:57 T2 00:00:44 Run 00:22:26						
11	70	DAVID HUGHES	M V50		01:46:32	+00:21:22
Swim+Kayak 00:33:45 T1 00:01:00 Cycle 00:46:41 T2 00:00:41 Run 00:23:37						
12	61	JULIAN BREWER	M V40		01:47:16	+00:22:06
Swim+Kayak 00:37:15 T1 00:01:14 Cycle 00:47:06 T2 00:00:49 Run 00:20:50						
13	71	TOBY ELFYN EVERARD	M V40		01:49:37	+00:24:27
Swim+Kayak 00:40:52 T1 00:01:28 Cycle 00:43:52 T2 00:01:01 Run 00:22:21						
14	58	ANDY MOFFAT	M V50	SYTri	01:52:19	+00:27:09
Swim+Kayak 00:41:51 T1 00:01:35 Cycle 00:46:11 T2 00:00:41 Run 00:21:59						
15	54	QUENTIN SHAW	M V50	SHREWSBURY MASTERS	01:53:31	+00:28:21
Swim+Kayak 00:40:28 T1 00:01:31 Cycle 00:45:22 T2 00:01:02 Run 00:25:05						
16	57	GWYN HARRIS	M V50	SHROPSHIRE SHUFFLERS	01:54:06	+00:28:56
Swim+Kayak 00:41:52 T1 00:01:38 Cycle 00:47:26 T2 00:01:07 Run 00:22:02						
17	65	LANCE BALL	M V40	WRECSAM TRI	01:54:13	+00:29:03
Swim+Kayak 00:41:45 T1 00:01:52 Cycle 00:45:37 T2 00:00:55 Run 00:24:01						
18	55	CHARLIE SINCLAIR	M V50	SYTri	01:55:14	+00:30:04
Swim+Kayak 00:42:33 T1 00:02:27 Cycle 00:48:04 T2 00:00:36 Run 00:21:32						
19	51	KATE ASHLEY	F	CAMBRIDGE CANOE CLUB	01:56:32	+00:31:22



SCOTT kurze Trägerhose ...
64,95 €
[Kaufen](#)



CRAFT kurze Trägerhose...
79,95 €
[Kaufen](#)



BOBTEAM black & white kurze ...
64,95 €
[Kaufen](#)



<http://www.stuweb.co.uk/race/zT/splits.html>

03.09.2013

				17-29					
						Swim+Kayak 00:35:14 T1 00:00:49 Cycle 00:51:57 T2 00:00:31 Run 00:27:59			
20	50	ELENA WARD	F	V30	BANBURY AND DISTRICT CANOE CLUB / OXFORD TRI	01:57:52		+00:32:42	
						Swim+Kayak 00:36:02 T1 00:01:48 Cycle 00:55:20 T2 00:01:03 Run 00:23:37			
21	56	TIM JONES	M	V50	SHROPSHIRE SHUFFLERS	01:58:21		+00:33:11	
						Swim+Kayak 00:48:28 T1 00:01:57 Cycle 00:45:46 T2 00:01:12 Run 00:20:57			
22	48	HELEN HARPER	F	V40	BANBURY & DISTRICT CANOE CLUB	02:01:21		+00:36:11	
						Swim+Kayak 00:35:51 T1 00:01:34 Cycle 00:54:01 T2 00:00:58 Run 00:28:56			
23	77	JACK EDWARD GARNER	M	17-29	LINCSTAD	02:03:06		+00:37:56	
						Swim+Kayak 00:48:34 T1 00:01:31 Cycle 00:44:29 T2 00:00:48 Run 00:27:43			
24	45	CATHERINE REBECCA ALLEN	F	V40	no name swim club	02:03:10		+00:38:00	
						Swim+Kayak 00:43:40 T1 00:02:25 Cycle 00:48:12 T2 00:01:02 Run 00:27:49			
25	67	CLIVE ONIONS	M	V40		02:04:50		+00:39:40	
						Swim+Kayak 00:48:30 T1 00:02:43 Cycle 00:46:51 T2 00:01:18 Run 00:25:26			
26	53	ELWYN J JONES	M	V60	CERIST	02:10:22		+00:45:12	
						Swim+Kayak 00:53:32 T1 00:02:04 Cycle 00:51:06 T2 00:01:32 Run 00:22:06			
27	76	THOMAS HILL	M	17-29	SEVERN HOSPICE	02:11:31		+00:46:21	
						Swim+Kayak 00:53:25 T1 00:00:47 Cycle 00:52:07 T2 00:00:33 Run 00:24:37			
28	49	DEB MAY	F	V30		02:13:43		+00:48:33	
						Swim+Kayak 00:41:46 T1 00:02:19 Cycle 01:00:54 T2 00:00:41 Run 00:28:01			
29	68	ARTHUR IVOR AUGUSTUS	M	V40		02:20:35		+00:55:25	
						Swim+Kayak 00:56:20 T1 00:52:29 T2 00:00:55 Run 00:28:49			

DNF & DISQUALIFIED (ORDERED BY BIB #)

-	72	RICHARD TAYLOR	M	V40					
						Swim+Kayak 00:47:04 T1 00:02:30 Cycle 00:40:10			
-	74	STEVEN VAN NIEKERK	M	V30					
						Swim+Kayak 00:32:34 T1 00:01:13 Cycle 00:49:07 T2 00:00:41 Run 00:24:36			