

13. Wasserstadt Triathlon Hannover-Linden

vorl. Ergebnisliste MW+AK Quadrathlon

MW	AK	SN	Name	Verein	Nati	GESAMT	SWIM	BIKE	RUN	PADDLE	Straf
Quadrathlon											
w											
1.	1. Elite (w)	586	Lisa Teichert	Quadrathlon WSC Heidelberg	DE	01:40:33	00:12:14 (2.)	00:36:39 (1.)	0:24:15 (4.)	00:27:24 (2.)	
2.	1. Masters 40 (w)	596	Anke Trilling	SG Welper	DE	01:41:37	00:14:13 (4.)	00:38:17 (3.)	0:22:15 (1.)	00:26:50 (1.)	
3.	1. U23 (weiblich)	590	Franziska Eberhardt	Quadrathlon WSC Heidelberg	DE	01:43:42	00:11:37 (1.)	00:38:27 (4.)	0:23:15 (2.)	00:30:21 (4.)	
4.	2. Masters 40 (w)	588	Susanne Walter	Teamwork, KCH Berlin	DE	01:47:20	00:14:52 (5.)	00:37:24 (2.)	0:25:47 (5.)	00:29:15 (3.)	
5.	2. Elite (w)	594	Johanna Groenewold	DLRG OG Braunschweig e.V.	DE	01:48:16	00:13:12 (3.)	00:40:15 (5.)	0:23:44 (3.)	00:31:03 (5.)	
6.	3. Masters 40 (w)	580	Anja Tews	TSV Schönberg	DE	02:01:33	00:16:21 (6.)	00:43:29 (6.)	0:28:27 (6.)	00:33:15 (6.)	
7.	3. Elite (w)	581	Sandra Naskret	TriFamilia	DE	02:32:42	00:21:42 (7.)	00:49:57 (7.)	0:35:33 (7.)	00:45:28 (7.)	
m											
1.	1. Elite (m)	587	Thorsten Bartzok	TRC Essen 84	DE	01:29:33	00:12:51 (4.)	00:33:02 (3.)	0:19:40 (1.)	00:23:48 (2.)	00:10
2.	2. Elite (m)	584	Jens Wintermayr	TVK 1877 Essen-Kupferdreh	DE	01:29:50	00:13:55 (8.)	00:30:44 (1.)	0:19:47 (3.)	00:25:13 (4.)	00:10
3.	3. Elite (m)	585	Stefan Teichert	Quadrathlon WSC Heidelberg	DE	01:30:48	00:11:22 (1.)	00:32:44 (2.)	0:21:08 (7.)	00:25:32 (5.)	
4.	4. Elite (m)	598	Ronny Meißner	HKC Hannover	DE	01:33:19	00:13:02 (5.)	00:36:40 (6.)	0:21:03 (5.)	00:22:33 (1.)	
5.	5. Elite (m)	955	Frederik Tügel		DE	01:35:25	00:12:44 (3.)	00:36:40 (7.)	0:19:40 (2.)	00:26:19 (6.)	
6.	1. Masters 40 (m)	597	Oliver Trilling	SG Welper	DE	01:36:44	00:14:42 (10.)	00:33:04 (4.)	0:23:47 (10.)	00:25:10 (3.)	
7.	2. Masters 40 (m)	592	Jens Helberg	DLRG OG Braunschweig e.V.	DE	01:39:27	00:13:32 (7.)	00:33:19 (5.)	0:23:34 (9.)	00:28:59 (9.)	
8.	6. Elite (m)	593	Christian Plagge	DLRG OG Braunschweig e.V.	DE	01:39:54	00:13:15 (6.)	00:37:16 (9.)	0:21:06 (6.)	00:28:15 (8.)	
9.	3. Masters 40 (m)	600	Tomas Kälble	Kanu-Club Limmer e.V.	DE	01:40:55	00:14:09 (9.)	00:37:10 (8.)	0:22:50 (8.)	00:26:45 (7.)	
10.	7. Elite (m)	601	David Zimmerer	Quadrathlon WSC Heidelberg	DE	01:48:45	00:11:29 (2.)	00:41:31 (11.)	0:20:28 (4.)	00:35:16 (12.)	
11.	1. Masters 60 (m)	599	Detlef Kietzmann	ATV Hückeswagen	DE	01:56:44	00:17:34 (12.)	00:40:55 (10.)	0:25:48 (11.)	00:32:26 (10.)	
12.	2. Masters 60 (m)	595	Walter Nickol	RSV Daadetal	DE	02:02:05	00:14:50 (11.)	00:42:10 (13.)	0:29:54 (13.)	00:35:10 (11.)	
13.	3. Masters 60 (m)	589	Uwe Wallat	VFL-Wolfsburg	DE	02:05:08	00:17:51 (13.)	00:41:35 (12.)	0:26:25 (12.)	00:39:16 (13.)	

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vorl. Ergebnisliste MW+AK Hannoverdistanz Quadrathlon

MW	AK	SNR	Name	Verein	Nati	GESAMT	SWIM	BIKE	RUN	PADDLE	Stra
Hannoverdistanz Quadrathlon											
w											
1.	1. Masters 40 (w)	1098	Anke Trilling	SG Welper	DE	04:47:10	00:34:22 (1.)	02:02:51 (4.)	1:00:57 (1.)	01:08:59 (1.)	
2.	1. Masters 50 (w)	1101	Gabi Menke	WSV Beverungen	DE	04:49:24	00:35:25 (2.)	01:55:29 (1.)	1:02:49 (2.)	01:15:39 (2.)	
3.	2. Masters 40 (w)	1099	Susanne Walter	Teamwork / KCH Berlin	DE	04:56:47	00:37:46 (3.)	01:55:34 (2.)	1:07:01 (4.)	01:16:24 (3.)	
4.	3. Masters 40 (w)	1100	Undine Weihe	Dreizack Spandau	DE	05:08:57	00:39:52 (4.)	02:00:09 (3.)	1:06:26 (3.)	01:22:28 (4.)	
m											
1.	1. Elite (m)	1086	Dennis Möller	Preetzer TSV TEAM ZOOT	DE	03:50:17	00:27:45 (1.)	01:31:34 (1.)	0:50:51 (8.)	01:00:06 (1.)	
2.	1. Masters 40 (m)	1087	Jorge Garcia	CN Tarraco	ES	03:54:57	00:28:16 (2.)	01:41:08 (6.)	0:42:05 (1.)	01:03:26 (3.)	
3.	2. Elite (m)	1085	Thorsten Bartzok	TRC Essen 84	DE	04:02:47	00:31:35 (5.)	01:38:24 (4.)	0:50:20 (7.)	01:02:27 (2.)	
4.	3. Elite (m)	1084	Jens Wintermayr	TVK 1877 Essen-Kupferdreh	DE	04:05:31	00:36:04 (13.)	01:32:46 (2.)	0:47:01 (2.)	01:09:39 (8.)	
5.	1. Masters 50 (m)	1094	Lars Koch	WSV Beverungen	DE	04:08:39	00:32:52 (9.)	01:37:44 (3.)	0:49:56 (6.)	01:08:04 (6.)	
6.	4. Elite (m)	1102	David Kunderer	Quadrathlonteam Ulm	DE	04:12:46	00:29:06 (3.)	01:43:15 (7.)	0:49:28 (5.)	01:10:26 (9.)	00:30
7.	2. Masters 40 (m)	1091	László Szabó	Quadrathlonteam Ulm	HU	04:13:09	00:32:36 (8.)	01:45:20 (9.)	0:48:50 (4.)	01:06:22 (5.)	
8.	5. Elite (m)	1108	Matthias Grünwald	Hannover 96 Triathlon/KG List	DE	04:17:18	00:31:53 (7.)	01:44:23 (8.)	0:47:03 (3.)	01:13:57 (10.)	
9.	3. Masters 40 (m)	1088	Oliver Trilling	SG Welper	DE	04:22:24	00:36:01 (12.)	01:39:55 (5.)	1:01:48 (12.)	01:04:38 (4.)	
10.	2. Masters 50 (m)	1095	Olli Büttel	WKC/Weltraumjogger Berlin	DE	04:31:21	00:29:37 (4.)	01:45:52 (10.)	1:01:21 (11.)	01:14:30 (11.)	
11.	4. Masters 40 (m)	1089	Jordi Borràs Fonts	Club natació Tarraco	ES	04:46:11	00:31:38 (6.)	01:57:53 (14.)	1:07:35 (14.)	01:09:03 (7.)	
12.	3. Masters 50 (m)	1093	Henning Lahr	KVB Rheinsheim	DE	04:49:50	00:33:52 (10.)	01:56:04 (13.)	0:59:13 (10.)	01:20:40 (12.)	
13.	4. Masters 50 (m)	1096	Jan Zierenberg	Uelzen	DE	04:50:56	00:34:49 (11.)	01:47:05 (11.)	0:56:35 (9.)	01:32:26 (13.)	
14.	5. Masters 50 (m)	1092	Sven Michel	TriAs Hildesheim e. V.	DE	05:15:22	00:39:25 (14.)	01:52:31 (12.)	1:04:56 (13.)	01:38:29 (14.)	

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Ergebnisliste Staffeln Hannoverdistanz Quadrathlon - Staffel

Pl	Startnr	Name	Zeit	Schwimmen	Radfahren	Laufen	Paddeln
Hannoverdistanz Quadrathlon - Staffel							
1.	1104	Body Concept Köln Rodenkirchen	03:38:44	00:27:44 (1.)	01:29:02 (1.)	0:43:36 (2.)	00:57:49 (1.)
		Dennis Möller Mathias Kemnitz Kevin Kaderka Malte Ruhm					
2.	1097	Quadrathlon WSC Heidelberg	04:03:46	00:28:07 (2.)	01:50:12 (4.)	0:43:36 (1.)	01:01:50 (2.)
		Franziska Eberhardt Lisa Teichert Stefan Teichert David Zimmerer					
3.	1106	DLRG OG Braunschweig e.V.	04:14:51	00:32:08 (3.)	01:39:45 (2.)	0:54:20 (4.)	01:08:37 (4.)
		Johanna Groenewold Jens Helberg Yannic von Borries Christian Plagge					
4.	1103		04:21:33	00:34:19 (4.)	01:52:41 (5.)	0:50:27 (3.)	01:04:05 (3.)
		Bastian Engel Paul Wendt Bastian Engel Paul Wendt					
5.	1107	Kahle 4Motion Team	04:33:42	00:41:19 (5.)	01:42:42 (3.)	0:59:13 (5.)	01:10:26 (5.)
		Karsten Steuer Oldrich Breuste Michaela Steuer Antje Steuer					
6.	1105	Hannover 96 Triathlon	04:35:22			1:02:37 (6.)	(-1.)
		Meike Höhne Thomas Krause Björn Höhne Florian Evertz					